



i.am

your **Tamworth** team

2023

Hello, i.am Meg

I'm the Team Leader of the i.am program in Tamworth. I was excited to be a part of the i.am program when it started here in Tamworth. This is such a unique program that has been designed with Young People to ensure that you are the focus of your own recovery Journey.

When I am not at the office, you will find me outside enjoying what is left of the sunshine. I enjoy most sports but have played both hockey and cricket.

I have worked in community services for many years now. I have so much passion for helping and supporting people to reach their own potential. When someone sees and believes in themselves, it reminds me of why I ended up working with people. Life is tough, and being able to share our experiences in a positive way with young people makes each day worthwhile.



"Strive to be the best you everyday! You deserve it!"



"You don't just wake up and become the butterfly. Growth is a process."

Hello, i.am Caitlin

I moved to Tamworth from the Central Coast to work as a Child and Young Person Champion. I have always lived by the beach, so Tamworth is a big change for me.

I love drawing, painting, and anything creative. I will paint anything from a canvas to my fridge in the kitchen (it's pink).

I am passionate about engaging with people and I love working with the Young People in the i.am program. I enjoy making connections and love to encourage people to explore their creativity. I have a cat, Barbaranne, a dog, Doug and an axolotl, Aristotle who all moved to Tamworth with me.

I am currently studying Psychological Science and Counselling at university and would love to continue exploring art therapy as I continue to work.

Hello, i.am Nicholas

I am a Child and Young Person Champion for i.am in the program in the Tamworth LGA.

I began working with young people 5 years ago as a boarding staff member at a school in Armidale which gave me a unique experience when working with young people as I was around them 24/7.

I grew up in Wagga Wagga and moved to Armidale in 2015 to complete my university studies then moved to Tamworth, so I have spent all my life in the country. When not at work I enjoy playing Rugby and Water Polo and video games.

Mental Health and Wellbeing has had a big impact on my life and I feel honoured to share my experiences in order help young people with their experience.



"You should enjoy the little detours to the fullest. Because that's where you'll find the things more important than what you want"



*"I'm here to
make a
difference."*

Hello, i.am Loretta

I am a child and young person champion for i.am in Tamworth.

I enjoy working with young people and making a difference in our next generation.

When I'm not at work, I am out and about at rodeos or hanging with my animals and kids. I love gardening and am happy to help others when I can.



i.am

talk with us

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